

## SPS Minutes – 1/26/17

Attendance: Cassandra Schreiber, Megan Johnson, Rachel Burlet, Carrington Riss, Mary Jane Harty, Josie Mikosh, Amanda Proehl

Meeting called to order at: 5:32pm

### Housekeeping:

- Treasurer's Report
  - o \$313.31
- Recognition
  - o We are all recognized through RSO
- RSO funding MSPA
  - o \$50 to go to conference
  - o Get confirmation emails (receipts) to Cassandra
- Candy & Pop refills
  - o Megan is buying chocolate candy
- Spring Dues
  - o \$10/semester
  - o 8 hours required for membership

### Initiatives & Opportunities

- SPS Manual
  - o Folder made
- WalkDo
  - o Autism Awareness Walk- Volunteer at the event
- Thank-you for Carol
  - o Self-care items, Las Vegas...
- Student Bios
  - o Only text, no pictures, ready to go
- School Psych Night Out- March 4<sup>th</sup> in New Prague, MN for MJ's Reception
- School Psych and Doctoral Program Publicity
  - o Publicize the good things we do, photographs and disseminate
  - o Good News and The Reporter (campus newspaper)
    - Adopt-A-Highway
    - Walk-Do
- Adopt-A-Highway- next clean-up time, right after finals week (?)
- Fundraising
  - o Shirts? For NASP

### Self-Care in Graduate School

- Power of Positivity
  - o TED Talk- Shawn Achor- The Happiness Advantage
  - o [https://www.youtube.com/watch?v=GXY\\_kBVq1M](https://www.youtube.com/watch?v=GXY_kBVq1M)

- - Pizza Therapy (Mid-April)

Please make sure you log in to OrgSync and join the SPS

Meeting Adjourned at: 6:40pm