

Direct Observation Progress Monitoring System

Person being observed: _____

Observer: _____

Date: _____ Start Time: _____ End Time: _____ Location: _____

Condition (circle one): Baseline - Intervention - Other (describe):

PRECISE DEFINITION OF TARGET BEHAVIOR:

Momentary Time Sampling

Directions: Using a stopwatch to keep time, observe for one-second only at the specified time intervals (e.g., look for one second right away, record the behavior, then look again for one second at the 10-second mark, record the behavior, etc.). Record occurrence of behavior with an X and non-occurrence with an O.

Minute	:00 - :01	:10 - :11	:20 - :21	:30 - :31	:40 - :41	:50 - :51
0						
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						

INFORMAL NOTES: _____

SUMMARY

of Intervals with target behavior: ____ / 120 = _____ % of intervals with target behavior